

## **Testimonials from Physical Therapists....**

“As an Orthopedic Specialist in Physical Therapy for 14 years, I utilize best practice standard in treating my patients. Evidence based intervention is the expected level of patient care I look to provide to ensure quality outcomes in achieving their PT rehabilitative goals. In today's world, I need to optimize and prioritize the clinical treatment I am able to offer patients due to restrictions imposed by regulations and insurance providers.



This causes me to have a limited amount of time both in therapy sessions and treatment duration to accomplish meeting the patient's needs.

By using additional complimentary tools, I am significantly more able to focus my time on how I can provide the most benefit to my patients. CPM (Continuous Passive Motion) equipment is the perfect adjunct tool to Physical Therapy. CPM has been used for years in medicine and is clinically proven to perform reliable Passive ROM. The patient is accelerated through their recovery period due to minimizing the time spent by the therapist in performing rote Passive ROM for the patient, that they can accomplish with receiving up to several hours a day using a CPM device. With the patient using a CPM device at home, this maximizes my ability to get the other necessary elements of their care completed. It also is safer for the patients to use CPM devices as most people have difficulty in performing independent passive ROM at home and risk re-injuring themselves or disrupting surgical results. I consistently note more improvement in patient compliance and especially their outcomes when the patients I treat for Physical Therapy have been using CPM. The results speak for themselves.”

**Douglas Fye, PT OCS  
New York**

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"We have used the CPM device now for over two years and have found it to be a very valuable therapy treatment. It is used following our rotator cuff repair patients, SLAP (shoulder instability) patients, Adhesive Capsulitis or status post manipulation under anesthesia patients, stable fractures, and other pathologies of the shoulder where we have some concern about the patients ability to restore functional mobility.

The device is particularly useful when the patient has difficulty in relaxing during PROM exercises or if we have a major concern that PROM exercises may not be performed by the patient as instructed which may put them at risk. We have had a very positive response from patients who have used the Kinex CPM machine. They report they are comfortable, relaxed and get the full benefit both emotionally and physically of being able to objectively measure their progress.

We have been able in some cases to reduce the number of physical therapy visits in the earlier phase (phase one) but more often we have been able to decrease the number of visits later in the program because the patient has better range of motion and is better prepared to exercise in the AAROM, ARO and strengthening phases. This really has been the most exciting benefit in moving into phase 2 of protocols with increased mobility. We strongly recommend this as an important component to our therapy."

**Stuart Fife PT,OCS,MTC,CSCS  
Director of Physical Therapy  
Georgia**